



Route Information

Route Name Dowthwaite, Glencoyne - Off the beaten track

An alternative walk to the more often used Gowbarrow circular walk. The views are just as spectacular over Ullswater, and there is a real sense of a forgotten corner of Lakeland. The route is best walked in the described direction, both for views and for way finding. The path from Dowthwaitehead (3) to the wall at Brown Hill (4) is in place a bit indistinct and it can be quite wet, but is well worth the effort. The path is often referred to as "the Miner's path", since it was used by mine workers in Dockray to walk to Green Side mine above Glenridding. There is a small, public car park in Dockray just over the bridge, or you can park at The Royal Hotel as long as you patronise the place. You are welcome to take this with you for the walk, or borrow a laminated map.

Route Summary

Total Distance	5.3mi (8.5km)	Walk	2h 26min
Elevation	929ft at lowest point	Run	46min
	1947ft at highest point		
Total Ascent	1334ft		

Elevation Profile

